

What is your LifeScore goal for 2010?

(Rate yourself 1-10 for your present situation and for your 2010 goal.)

Life Issue	Present Score	Goal
Health <i>(Had an annual physical lately?)</i>	_____	_____
Professional Life <i>(As long as I can focus on enjoying what I'm doing, having fun, I know I'll play well—Steffi Graf-champion tennis player)</i>	_____	_____
Financial Fitness	_____	_____
Spiritual Life	_____	_____
Important Life Relationships <i>(Being a loving, caring supportive family member, spouse and friend)</i>	_____	_____
Giving Back	_____	_____
Life-Long Learning <i>(Reading, Learning and Growing)</i>	_____	_____
Time Management <i>(Prioritize and Plan)</i>	_____	_____
Knowing and Focusing on Your Strengths	_____	_____
Overall Life Plan	_____	_____
	Total	_____